

## The Power of Our Attitude

Attitude is the most vital attribute toward success, if it is lacking so will the results you achieve. If while playing golf and on the drive you apply minimal effort to your swing, the result you achieve will be minimal because the ball will not go very far. The same is true with life, if you do not apply a winning attitude on a consistent basis your life may falter as well.

Winning is determined many times by attitude in sporting events and even more so in the game of life. One player may be limited, but with the right mental attitude, they can make those limitations seem forgettable. On the other hand, one might have an abundance of talent but without the right mental attitude, they will never reach their ultimate potential. Attitude separates excellence from mediocrity.

### Powerful Anonymous Quotes

"Your Attitude Determines Your Altitude."

"Attitude Is A Little Thing That Makes A Big Difference."

"The Pleasure You Get From Life Is Equal To The Attitude You Put Into It!"

To develop that winning attitude you must be crystal-clear with your purpose and apply the courage to act accordingly. Condition the mind to link pleasure to anything needed to reach your goal, which includes adversities that cross your path.

Develop a state of mind that failure does not exist while being proactive. Results are all that matter. Focus on results not failure. You get more of what you focus on. If you do not get the results of your desire, evaluate the process and formulate modifications until you do.

Applying this mind-set, you will find yourself a great deal more content and productive. Fear of failure withers away and results thrive in this environment. Remember there are no strikeouts in the game of life. In addition, the more times you swing the bat the more your skills develop and closer you become to hitting life's home runs.

The right mental attitude will take you to a level of perseverance through most challenges. Make your beliefs a conviction that you can and will make the progress you desire. If there is an obstacle in your way, take another approach, or go around it.

# The UK College of Personal Development

## Learning Zone Material



Utilise the information as a learning experience, and eventually you will be back on the path closer to your goal than you were before. The right mental attitude will maximise your potential. Get the most from your life with that winning edge!

“The greatest discovery of my generation is that human beings can alter their lives by altering their attitudes of mind”. - - *William James*

\*\*\*\*\*

UKCPD provides NLP and Other Personal Development training and resources. From accredited training to personal coaching. To learn more please feel free to contact us in the following ways:

Web: [www.ukcpd.net](http://www.ukcpd.net)  
E-mail: [Info@ukcpd.net](mailto:Info@ukcpd.net)  
Tel: 01793 511180  
Address: UKCPD  
3 – 5 Wood Street  
Old Town  
Swindon  
SN1 4AN



This Personal Development resource is provided as a free gift. If you would like to know more about Coaching, Neuro Linguistic Programming, or other Personal Development training opportunities please visit us at [www.ukcpd.net](http://www.ukcpd.net)